

The International Systemic Constellations Association (ISCA)

in cooperation with

Hunter Beaumont and Lutz Bessel

offer

The Tenth International Intensive Workshop on Systemic Resolutions

Residential Opportunity to Learn an Approach to Working with Family Constellations
and the Hidden Symmetries of Relationship Systems

Sunday Evening, May 1, 2011 - Sunday Morning, May 8, 2011 in Southern Germany

Bert Hellinger originally discovered the value of using constellations to explore hidden dynamics in relationship systems as well as the embedded laws governing the success of love. Building on his pioneering work, the International Intensive Workshop gathers an outstanding faculty comprised of the most experienced facilitators to offer an opportunity to learn this wonderful approach to working with relationship systems. Our belief is that there are many different ways to facilitate constellations effectively. The large faculty together with the multi-cultural community of learners provides a variety of perspectives and interests, and is a perfect opportunity to experience different approaches in action. In addition to stylistic variety, the faculty shares a deep commitment to personal integrity, openness to innovation and to continuing learning through dialog and careful observation. The workshop is designed to help participants understand the hidden systemic orders of love operating in human relationship systems and the powerful resolutions to conflict that this understanding can make possible. It is organized to facilitate learning for persons from differing cultures, and with various levels of experience. The course language is English.

Eligibility

Although the workshop is intended primarily for psychotherapists, practitioners of other helping professions including counselors, clergy, community workers, teachers and consultants, will be accepted. It is the responsibility of each participant to limit the application of this approach to those clients and situations for which he or she has the appropriate qualifications. This workshop **does not qualify** participants to practice psychotherapy, and the certificate, which will be issued, is a certificate of participation only.

General Approach to Teaching and Learning

How can we teach family constellations? How shall we learn them? One of the thrilling aspects of this International Intensive Workshop is to experience first hand how differently individuals and cultures approach the task of learning and teaching something as subtle and complex as family constellations. Simultaneously, each faculty member has his or her particular strengths and interests, so the task of fitting learners' needs and faculty strengths is complex. We are continuing to experiment every year with new organizational structures and teaching methods, seeking the impossible goal of meeting everyone's needs equally well. This year, too, we have made changes in the structure of the workshop and the teaching. What will remain unchanged is our deep commitment to our basic values in teaching and learning: clear theoretical knowledge and practical skills go hand in hand and are complimentary; true respect for individual uniqueness arises out of the stillness of manipulation-free presence; minimal intervention for maximal effect; the constellation leads, the facilitator follows.

Opportunities to Learn

The International Intensive workshop does not claim to be a complete, systematic training in constellation work, but it is rather an opportunity to learn. Participants become members of an international learning community, everyone learning and teaching in his or her own way. The International Intensive Workshop 2010 offers participants a choice between learning in Experiential Groups, Workshops and a Learning Circle. All participants will have the chance to do both. Here is more information about the three kinds of groups.

Experiential Groups

All participants will become members of an afternoon experiential group facilitated by a faculty member. These groups are an opportunity to "see the masters at work", to explore personal themes with facilitation by a faculty member, to ask questions and discuss the work. To work effectively in this way, the group needs an opportunity to develop trust and an open atmosphere. **For this reason participants in the group will stay the same for the whole**

week. Each group will work with three or four different faculty members during the week. Please be aware that no group will work with all faculty members.

Practice Groups

The purpose of the practice groups is to give more experienced participants an opportunity to lead constellations, make mistakes, give and get feedback in a safe learning environment. For this reason, persons choosing this option agree to the following conditions: 1. Participants in practice groups are confident that they can facilitate constellations constructively and safely, even if imperfectly; 2. Participants are willing to explore personal issues under the leadership of other participants. 3. The faculty facilitators are present as resources, but constellations are led by other participants, although faculty will intervene if they deem it to be in the interests of the client. 4. Participants are confident that they can accept constructive criticism with an open mind and offer it to others with honesty and kindness.

The Learning Circle

As one form of the experiential group, the **Learning Circle** is intended for advanced practitioners and trainers. No explicit teaching is offered in the Learning Circle, but rather it offers a safe space for participants to work on personal issues and to exchange experiences with colleagues at a shared level of experience. Participation in a learning circle is by invitation, and is only open to participants with extensive knowledge and experience in leading and teaching this approach.

Workshops

Each morning participants will be free to choose from four or five different workshops led by the faculty. The workshops will include opportunities for supervision, supervised practice, theory, and special themes. Participants who are interested in facilitating a constellation with supervision will have an opportunity to do so during the supervision workshops. It is also an opportunity to experience faculty who may not be in your afternoon group. We are offering again this year a special workshop on Fundamentals of Theory and Practice. Unlike all other morning workshops, the Fundamental Workshop requires that participants attend the Fundamentals Workshop every morning. In addition, we are planning to offer one or more new series of workshops this year for participants interested in exploring specific themes in greater depth. Suggested themes may include *Working with Trauma in Constellations* or *Bonding in Human Relationships*.

Lecture

Each morning will begin with a short lecture on a theme of general relevance to constellation work.

Evening Program

All participants are free to offer or organize workshops on relevant themes of their choosing during the evening program. In the past, these have ranged from discussion groups to watching DVD about the work, to group dancing and the constellation clown. Most faculty members are available to be invited as resource persons for evening sessions, but participants demonstrating their specialty have led the most powerful evening groups.

Faculty

The core faculty is composed of the most experienced facilitator/trainers of the first generation along with outstanding innovators from the second and third generations. The staff this year includes: Guni Baxa, Francisca Boring, Christine Blumenstein-Essen, Judith Hemming, Jane Peterson, Victoria Schnabel, Albrecht Mahr, Jakob Schneider, Stephan Hausner, Gunthard Weber. Hunter Beaumont is again the program director, the organizer and guiding spirit for the workshop. Lutz Bessel is the program administrator.

Location

We are very pleased to return this year to our new home for the International Workshop at Cloister Bernried directly on Lake Starnberg just south of Munich, Germany.

Meals:

The food at Cloister Bernried is high quality with vegetarian options. The Cloister kitchen is very accommodating and special dietary needs should be announced well in advance.

Transportation

Participants can reach Cloister Bernried with public transportation from Munich, or by car. Transportation details will be sent with the confirmation of acceptance of your application. Travel time from Munich is approximately 1 hour and from the Munich Airport, about 2 hours.

Accommodations

Most rooms at Bernried are single occupancy with toilet and shower en suite. A limited number of double rooms are available, and accommodation at nearby hotels is also possible at extra cost. Walking time is about 5 minutes. Please specify your accommodation preferences on your application. The prices include meals and all drinks. All buildings and rooms are **non-smoking**. Smokers may prefer to book a hotel room.

Acceptance:

Priority will be given to non-Europeans and to applicants from more remote countries. All applications will be reviewed in mid-October, mid-January and March. If you are offered a place in the workshop, you must confirm your participation within 14 days with a non-refundable booking fee of € 100.00, or your place will be offered to someone else.

Fees, payment and scholarships

The fee for the workshop is € 900.00 (non-refundable booking fee € 100.00 plus tuition € 800.00 ISCA members will get a reduction of € 50.00). Room and board is extra, depending on your choice of accommodations. The housing cost includes meals with water, coffee and tea, as well as afternoon coffee break with a luscious buffet of homemade cakes. Other beverages and snacks at other times are available at extra cost. The number of rooms available is limited.

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|--|--------------|
| <input type="checkbox"/> Single room: | € 500,00 |
| <input type="checkbox"/> Double room: | € 450,00 |
| <input type="checkbox"/> Single hotel room (5 minutes walk): | min € 810,00 |
| <input type="checkbox"/> Double hotel room (5 minutes walk): | min € 760,00 |

A limited number of scholarships of maximum € 250.00 have been made available by the generosity of the teaching staff and participants from previous years to make participation possible for persons from countries with a non-European economy. If you need a scholarship, enclose a brief description of your financial situation with your application and how much scholarship you are requesting. **No scholarships will be granted on site**, please make arrangements in advance.

The non-refundable booking fee of € 100.00 is due with your application. The remainder of the tuition and the fee for room and board are due on March 25, 2011. You may cancel your booking up to April 15, 2011 for a full refund (less € 100.00 booking fee). After that date, we will refund your payment if we are able to find a replacement person from our waiting list.

You may wire payment to Lutz Bessel, Noris Bank Munich, account # 189 5028 00, BLZ 760 260 00, SWIFT-BIC: NORSDE71XXX IBAN: DE 16 760 260 00 01895 028 00; Address of bank: Noris Bank, Sonnenstr.11, 80331 Munich, Germany; Account holder: Lutz Bessel. (This is the cheapest way inside Europe). You may also arrange your payment through PayPal. If you prefer to pay by check or money order, enclose an International cashier's check or money order for € 100.00 with your application. The check should be payable to Lutz Bessel-International Intensive. Please be aware that **costs for transfer** and exchange can be quite high and will be **added to your fee**.

Thank you for your interest in our workshop. We hope to see you there.

Lutz Bessel, Program Administrator and Hunter Beaumont, Program Director